



# UNDERPIN

## EVENT

Underpin Uplift series consists of 6 x 1.5 hour monthly uplifting and inspiring talks followed by a 30-minute Q&A session, looking at developing yourself & your team performance in any business environment.

## DATE

**Meet:** 5:30pm – 6pm  
**Session:** 6pm – 7:30pm  
**Networking / Drinks:**  
7:30pm – 8pm

## FIRST SESSION

**Banyan,**  
Toronto Square,  
2 City Square,  
Leeds LS1 2ES

## REMAINING SESSIONS

**Box,**  
15 Infirmary St,  
Leeds LS1 2JS

# Purpose.

Duncan McCarthy, Managing Director of Underpin Sports and performance coach, will share his own experiences from working in elite and professional sports and corporate sectors to provoke thought about your own performance and how you lead your own teams.

If you are responsible for managing and leading people and would like to be inspired or just need some re-assurance that you're managing people in the best possible way, then the uplift series is for you.



# Result.

**As a result of attending the Underpin Uplift Series you will understand what you need to do to:**

- Perform better under pressure
- Increase your financial returns
- Develop a high performing self and team
- Increase staff retention
- Improve engagement and motivation of your team

DATE	SESSION TOPIC	TICKET PRICE
26 <sup>TH</sup> SEPTEMBER	Why is it important to never know it all?	<b>£300</b> 6 x sessions for 1 person
24 <sup>TH</sup> OCTOBER	How do you create a world class team?	<b>£570</b> 6 x sessions for 2 people (5% discount per person – £285pp)
21 <sup>ST</sup> NOVEMBER	Results are everything; aren't they?	<b>£810</b> 6 x sessions for 3 people (10% discount per person – £270pp)
13 <sup>TH</sup> FEBRUARY	Where is the focus?	<b>£1,000</b> 6 x sessions for 4 people (20% discount per person – £250pp)
19 <sup>TH</sup> MARCH	What goals need to be achieved?	

Interested in booking? Get in touch with either **Greg** or **Duncan**.